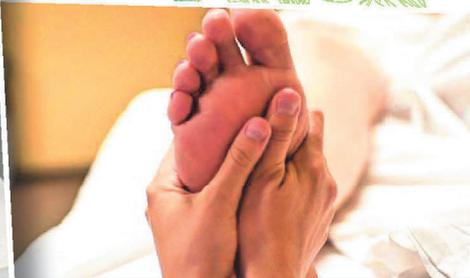


# Nuokkuhelmikkä

## ekorentoutus



## Welcome for relaxing Herbal Massage!

Relaxation treatment is a combination of various forms of massage, and we use relaxing oils made of natural herbs. Oils are extracted from flowers, shoots and leaves of natural herbs and plants, including wild rose, meadowsweet, sprigs, birch, marsh tea, and nettle. We recommend pitch oil for very dry or otherwise problematic skin.

The purpose of treatment is to relax the customer; treatment is not directed to the deep muscles, but the impact is nevertheless considerable.

This method alleviates muscular pain and muscular tension, tension headache, fatigue, and insomnia. Feet treatment enhances blood circulation, cures restless legs syndrome, swelling of the feet, and reduces stress-related ailments. It also increases general vitality.

During the massage You'll rest comfortably in a candle-lit room listening to birds chirping, breaking waves, gentle rain or soft music.

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## Treatments & Prices:

### Massages:

Head, face, and shoulder region, 50 min. 50 €

Head, face, shoulder region, and arms. 60 min. 60 €

"Happy Feet" Massage  
40 min. 45 €  
50 min. 50 €

### Peat Treatments:

For back (incl. head massage)  
75 min. 70 €

For feet (incl. feet & head massage)  
75 min. 70 €

For back & feet (incl. back, feet & head massage)  
90 min. 80 €

Relaxing massage using oils extracted from natural herbs. Come and give it a try! Pia Ketonen is ready to meet Your requirements.

Should You wish to be treated at the premises of Hevossilta Museum Farm, please contact [raija.mero@hevossilta.fi](mailto:raija.mero@hevossilta.fi)

If you would prefer my place of business at Hämeentie 2 Forssa, please write to [pia@ekorentoutus.fi](mailto:pia@ekorentoutus.fi) or fill in the contact request at [www.ekorentoutus.fi](http://www.ekorentoutus.fi)



We also produce and sell ointments made of wild herbs. They do not contain any preservatives or additives.

Products sold in  
[www.ekorentoutus.fi](http://www.ekorentoutus.fi)

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